

2012...in the news

• Preserving Halton Hills' 'small-town' character seems to be the number one priority for residents, according to results from a Town citizens' survey of 434 residents, 18 years of age or older, asking questions about the municipality's service delivery.

• The Georgetown Minor Hockey Association celebrates its 75th anniversary with a number of special events through the season, including a fundraising hockey game for the new arenas involving Acton Minor Hockey and the North Halton Girls' Hockey Association.

• Georgetown District High School's Rebels became the winningest team in the history of the Ontario Federation of Schools Athletic Association Swimming Championships after capturing their fourth overall points title banner last week at the Milton Sports Centre.

• Local resident Dave Spencer, a 39-year-old millwright, finishes runner-up in the Discovery Channel's Canada's Greatest Know-It-All TV series.

• Dr. Jeff Sutherland was awarded a Queen Elizabeth II Diamond Jubilee Medal by the ALS Society of Canada, recognizing outstanding community leaders who have played a significant role in the ALS community.



The Georgetown Zellers store closes, along with hundreds of others across Canada



Women's Olympic rowing team member Cristy Nurse unveils a stamp in honour of the 2012 Summer Games in London, England. Unfortunately, a back injury prevented Nurse from competing

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• A pair of local residents, Cristy Nurse and Denise Kelly, arrive in London, England to represent Canada at the 2012 Summer Olympics. Unfortunately for Nurse, a back injury relegated her to the alternate role in the Canuck women's 8s rowing team that earned silver medals, while Kelly helped oversee the women's cycling team.

• Controversial Toronto Mayor Rob Ford comes to Georgetown to help his Rexdale Raiders in their Ontario Minor Football League varsity division (19 & under) play-off contest against the host North Halton Crimson Tide.

• Longtime beef farmer Sandy Grant of Halton Hills was chosen to represent the beef breeders of Halton and Peel, for the month of August, on the 2012 Faces of Farming calendar.

• Local mixed breed dog Linzy earned To-to's coveted red ruby collar Sunday night in the CBC reality series Over the Rainbow and appeared in the show's finale.

• All public elementary schools were closed as Halton teachers held a one-day strike in protest of Bill-115 (Putting Students First Act). Nearly 3,000 teachers were out in droves choosing to picket outside local MPPs' offices, instead of individual schools.



Right: Nemo of Georgetown, a 10 Sideroad icon cuts his lawn (centre) gymnast Ryan Oehrlein competes (right) Grade 1-2 students (from left) Aiden Longmead, Annalise Zomer, Matthew Swant and Abby Kroezen, enjoy a drum class at Halton Hills Christian School



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How healthy is your back? Are you living in pain or discomfort?

A lot of people suffer from Low Back Pain. Sometimes the pain is gradual but it can also be triggered by a specific movement that would otherwise be pain free, like carrying the laundry, leaning over to brush your teeth or even vacuuming. It can be a result of poor lifting techniques, a sedentary lifestyle, pinched nerve, or stress issues.

Did you know?

Low Back Pain (LBP) is the most common complaint of all musculoskeletal problems, affecting up to approximately 80% of the people throughout their lifetime.

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