

# What's Cookin': Make crepes with your leftover turkey

A timely recipe for you today to help you use up your Thanksgiving leftovers— assuming you had turkey or chicken.

When your big dinner is over, the easiest way to handle this leftover bird is to look after it right away. The meat will come off the bones easier when it is still warm. So, strip all the meat off the bird and refrigerate. Remove any leftover stuffing and refrigerate separately. Then, break the carcass down a bit and either refrigerate or put on the stove to start making into stock right now (depending on how pooped you are)!

The added bonus now is that once you've taken the turkey apart, it is going to chill down faster and thus be more food safe.

Of course there are lots of things you can make, my personal favorite, being turkey (or chicken) pot pie. Turkey soup is always a hit. Turkey sandwiches with mayonnaise are a must! My mom used to take the meat off the turkey and mix with barbecue sauce, then bake and serve on a bun (delicious). But our recipe today is a bit different— turkey crepes with cheese sauce.

Have fun and keep cooking!

**Lori Gysel & Gerry Kentner**



## Turkey and Asparagus Crepes

Makes 4 crepes

### Ingredients

- 4 crepes
- 1 lb. asparagus
- 2 cups cooked, chopped turkey
- cheese sauce

### Method

Make 9' crepes or use store bought.

Snap bottoms from asparagus stalks. Wash. Drop in boiling water for 3 minutes, then immediately place in a bowl of ice water until cold. Drain and set aside.

Place 4-5 asparagus spears on each crepe. Top with a half cup of chopped turkey meat. Roll up crepes and place in a baking dish. Cover with your favorite cheese sauce or cheddar cheese soup.

Bake in a preheated 375 degree oven for 30 minutes. Sprinkle with chopped chives, parsley or sprinkle of paprika before serving.

**Chef's note:** these are quite filling, one crepe may be enough for an entrée.



## Friday, Oct. 18

**Anniversary Roast Beef Dinner:** at Knox Presbyterian Church, Georgetown. Two sittings at 5 p.m. and 6:30 p.m. Tickets \$15 adults, \$9 students, and free for 5 years & under. Take-out. Info/tickets: 905-873-6220.

**Texas Hold'Em:** at the Optimist Club of Halton Hills. Registration is at 6:30 p.m.; game starts at 7 p.m. sharp. Tickets \$50, call John, 905-877-2931 or Rick, 905-873-4156.

**Williams Mill Gallery presents Serendipity,** a solo art exhibit featuring Georgetown's Lynda Pogue, Oct. 16-27.

## Saturday, Oct. 19

**Fall Cleanup Day and Bulb Planting:** 9 a.m. to 12 p.m. at the Old Seed House Garden. Volunteers needed to put the gardens to bed for the winter and plant bulbs for the spring. No experience necessary. Bring gloves, trowel. Rain date Oct. 20, 9 a.m. to 12 p.m.

**North Halton Kitten Rescue adoption** to approved homes, 11 a.m. to 2 p.m. at Pet Valu, 235 Guelph St. Preview: www.NHKKR.ca or 905-873-8547.

**Semi Annual Roast Beef Dinner and Silent Auction:** at Knox Church Ospringe. Starting at 5 p.m. three sittings. Tickets: Bonnie, 519-833-2074, bschotsch@hotmail.com. Takeout pre-ordered only.

**Family Storytime:** 11 a.m. at the Georgetown library. For more Storytime events go to www.hhpl.on.ca

**Community planting in Glen Williams Park:** 9 a.m. to 12 p.m. POWER partners with the Town of Halton Hills, Halton Peel BioDiversity Network and Credit Valley Conservation. Live birds of prey, crafts, information and cake.

**How Thankful Are You Dinner:** 6 p.m. at Knox Presbyterian Church, 44 Main St. N., Acton. Proceeds to Mercy Children's Center, Kenya (an AIDS orphanage). Cost \$12/person. Tickets: Church Office, 519-853-2360 or Marion, 519-853-9199.

**Chamber Music for Piano and String Quartet:** salon concert, 8 p.m. Tickets, \$45 in advance only: online at www.georgetownbachchorale.com or

## Community Calendar

For more details on these & other events go to [www.theifp.ca/whats-on/events](http://www.theifp.ca/whats-on/events)

purchased at Foodstuffs, Pat's Prime Cuts & Deli or The Holland Shop.

**Century Church Theatre presents Bob Milne's Ragtime:** Shows: 2:30 p.m. 1-hour concert, followed by Gourmet Afternoon Tea with Bob and at 8 p.m., a two-hour concert, at the theatre, 72 Trafalgar Rd., Hillsburgh. Tickets: \$29. Box Office, 519-855-4586, www.centurychurchtheatre.com

## Sunday, Oct. 20

**Bruce Trail Hike:** Level 2, 11 km carpool hike. Depart at 9 a.m. from the parking lot south of the Georgetown Professional Arts building, 99 Sinclair Ave. Leader: Rob, 905-877-0634 rob.currie@sympatico.ca

**CASHh fundraiser:** Get a hair cut at Hair Headquarters, 174 Guelph St., Georgetown, beginning at 9:30 a.m. and help support CASHh (Cancer Assistance Services of Halton Hills). All proceeds to CASHh. Cuts are cash-only donations.

**Grass Roots Photography:** 2 p.m., at the Acton Town Hall Centre. Join Nik Milner of Nik Milner Photography for a two-hour session on how to use the features of your camera. Tickets: \$30, available at door, or 519-853-5302, or info@actontownhall.com

## Monday, Oct. 21

**Living Life to the Fullest:** Learn to sleep better, feel happier, have more energy, gain confidence, get out more, enjoy better relationships in eight 90-minute weekly sessions, Mondays, Oct. 21 to Dec. 9, 1:30-3 p.m. at the CMHA office, 211 Guelph St., Unit 5. Cost \$90. Register: Allison Jones, Facilitator, 905-693-4270 or cbell@cmhahrb.ca

**Flu Shot Clinic:** for seniors or at-risk residents, 10 a.m. to 1 p.m. at the Georgetown Seniors Centre. \*\*Also at Acton Seniors Centre Tuesday, Oct. 22.

**TOPS-Acton Open House:** TOPS, Take Off Pounds Sensibly, encourages wellness through a healthy lifestyle that includes a balanced diet, exercise and on-going encouragement at the weekly meetings. Come see at St. Joseph Church, 64 Church St. E. Weigh-in: 5:30 p.m.; meeting following at 6:30 p.m.

## Tuesday, Oct. 22

**Thinking Well 101:** led by Dr. Matt Bradbury, 7:15-8:15 p.m. at CrossFit GT, 354 Guelph St. Learn correct actions that produce happier and healthier results. Cost: Upper Credit Humane Society donation. Info/to register: bookwhen.com/ onelifeseminars, 905-877-LIVE

**Vendor registration days:** for St. Andrew's United Church's Christmas Craft Show and Silent Auction Nov. 9. Registration Oct. 22-24, 9 a.m. to 1 p.m. Info: the church office, 905-877-4482 or www.standrewsuc.ca

## Wednesday, Oct. 23

**10th annual Fall Fashion Show:** 7:30 p.m. hosted by St. Andrew's United Church with fashions presented by Elizabeth's Fashions. Desserts and door prizes. Tickets \$15, 905-877-4482. Benefit for Distress Centre North Halton.

**Equilibrium-Georgetown:** 7:30 p.m. (doors open at 7 p.m.) at Norval United Church. Martha Guerrero, marketing coordinator; Distress Centres North Halton & Oakville on stress: definition, facts and coping strategies. Info: 905-693-4270 or georgetown@equilibrium-oakville.com

**Dad's Connect:** 5:30-7:30 p.m. and provides an opportunity for fathers of children from 0-6 years of age to enjoy a light supper and play time with their children. This free drop-in program is at the Ontario Early Years Centre, 8 James St. Info: Jennifer, 905-873-2960.

## Thursday, Oct. 24

**Coffee, Books & Conversation:** 7-8 p.m. at the Georgetown library.

**Antique Road Show:** 3-6 p.m. at the Georgetown Seniors Centre. Members, \$2 to register and \$5 per item appraised. Non-members, \$3 to register and \$5 per item appraised. Info: 905-877-6444.

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