

SENIORS LIFESTYLES

Acton Seniors Centre is hosting its annual Open House this week

By **JULIE CONROY**
Acton Seniors Centre

I was quite excited to see a young man wandering around outside the Acton Seniors Centre

with a large tape measure. Hopefully that is a sign that something exciting is going to happen in the not too distant future!

This week is our Open House at the Acton Seniors Centre. If

you are looking for something worthwhile and fun to do—now summer is only a memory—this is your chance to try one of the various programs offered at the Centre.

Everything was hopping when I walked in on Monday morning. The dart players were busy throwing their darts, and talking about how they spent the summer, and the craft group were busy looking over their supplies and discussing what crafts they would be creating over the next few months. The owner of Tanner's Restaurant Andrea Clark assisted by her sister Alana Hampton made several easy recipes, gave tips and answered questions. We sampled a healthy broccoli salad and delicious little tarts. Everyone enjoyed learning how to make the tasty treats.

I would like to purchase tickets for the matinee performance of *Legends of Harmony* at the St Jacobs Schoolhouse Theatre on Thursday, Nov. 28. Until I know how many people would like to go I can't reserve the tickets as I have to order and pay ahead. If you are interested, please add your name to the list and pay as soon as possible.

We will be having lunch first at Anna Mae's Bakery & Restaurant in Millbank first. They offer a large choice of items, and are famous for their chicken dinners. Then we will drive the short distance to St Jacobs to relax and enjoy the show. The price is for the show and bus.

If you were born in either August or September you should receive an invitation to the Birthday Tea on Tuesday, Sept. 17 at 1:30 p.m.

Last week the movie was well attended and 18 people enjoyed watching *Promised Land*. The next movie will be shown on Tuesday, Oct. 8 and will be *Oz, The Great and Powerful*.

Last Friday, two more leaves were added to our Tree of Hope by Alison Colter's daughters Jessica and Kristina, and on Wednesday, with her friends Mary Pilarczyk added two more in memory of her husband John.

Bulk Barn to aid local Alzheimer Society

Bulk Barn owners Tim and Shannon Hucks display a few of the Coffee Break decals as Georgetown Bulk Barn will be supporting the Alzheimer Society program by collecting donations through the sale of \$1 "Coffee Break" decals until Sept. 21. All money collected will go directly to the local Alzheimer Society branch and support people in this community. Last year Bulk Barn stores across Canada raised over \$275,000 and would like to reach over \$300,000 this year. Due to its huge success last year, Bulk Barn will again be holding a Dollar Match Day on Saturday, Sept. 21. This means that for every \$1 of customer donations, \$3 will go to the Alzheimer Society up to a maximum donation of \$10/person.

Photo by Ted Brown



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