

Your Health



NEWS AND INFORMATION FROM GEORGETOWN HOSPITAL JANUARY 2011

Feedback on Your Breastfeeding Experience

The Halton Healthcare Services (HHS) Family Continuity of Care Committee is looking for feedback from families who delivered a baby at any of the three HHS hospitals during the last three years. The Committee is interested in hearing from mothers about their experiences with breastfeeding, and will review the results of the surveys to identify opportunities for improving mothers' breastfeeding experiences across the pregnancy/birth/postpartum continuum. A link to the survey can be found at www.haltonhealthcare.com. Thank you for taking the time to complete the survey.

Share your opinion – Patient Declaration of Values

Patients and their families are important partners in their healthcare. When patients are well informed, participate in treatment decisions, and communicate openly with their doctor and other healthcare providers, they help make care as effective as possible.

With your input Halton Healthcare Services is reviewing the values that are important to our patients and caregivers. We are interested in your feedback and invite you and/or a family member to complete a short online survey at www.haltonhealthcare.com.

Thank you.

GHVA Raffle

Tickets are now on sale for the latest Georgetown Hospital Volunteer Association (GHVA) Raffle! First prize is a Bulova watch donated by Fire and Ice Jewellers in Georgetown, second prize is a pair of Swarovski earrings donated by The Niblick Pub in Oakville. The draw will take place on February 14, 2011. Tickets are \$2 each or three for \$5 and are on sale in the hospital Gift Shop or by calling 905-873-0111, ext 8250. Lottery licence M329731.



Toyota Tire Sale Nets \$250

Earlier this month, the parts and service department of *Georgetown Toyota* presented \$250 to the Georgetown Hospital Foundation. This donation represents a dollar from every tire sold during their annual winter tire sale. Many thanks to *Georgetown Toyota* for their continuing support of hometown healthcare.



K.C. Carruthers, Georgetown Hospital Foundation Executive Director (second from left) is presented with a cheque by *Georgetown Toyota* staff (l-r) Tammy Romanelli, Peter Jonkman, Christian Febel, and Mark Smith.

Supporting the Hospital One Honk at a Time

Darren Pydych and Jacob Vienneau pictured here, narrowed the generation gap for charitable giving one honk at a time. After encouraging the drivers of passing vehicles to honk their horns to support Georgetown Hospital, the 12 year old boys donated one dollar of their own savings for every horn honked. They personally presented a donation of \$92 to the Georgetown Hospital Foundation. Now that's creative fundraising! The Foundation would like to say thanks again to Darren & Jacob for their generous contribution.



Thanks for your Support

On January 10, 2011 HHS made a presentation to Halton Hills Town Council requesting financial support for the addition of a CT Scanner and expansion and renovation to the Diagnostic Imaging and Emergency Departments at Georgetown Hospital. Two weeks later, on January 24, 2011 more than 20 individuals from the hospital and the community of Halton Hills addressed Town Council at a Public Meeting convened to gather input that would assist Council in responding to this request. Town staff also presented a report which identified financing options available for Council members to consider in their decision making.

Following the staff and community presentations, Council agreed to defer a decision on the subject for a short time to allow the Town to have a meaningful discussion with the provincial government about this project. Our sincere thanks to all those who came to the Public Meeting to share their opinions and to the many others who have called their councilors or submitted comments through letters and emails.

Chronic Disease Self Management Program

Do you have one or more chronic conditions such as diabetes, kidney, heart or lung disease, arthritis or any other conditions? Join us for a free, six week group based program to learn more about goal setting, overcoming barriers, positive thinking, general nutrition, communication with healthcare professionals and more! Caregivers and spouses are also welcome to come.

Milton: Every Tuesday from January 25 – March 1, 2011
9:30 a.m. – Noon
Milton Seniors' Activity Centre, 500 Childs Drive, Milton

Oakville: Every Wednesday from February 9 – March 16, 2011
1:00 p.m. – 3:30 p.m.
Peter Gilgan Family YMCA, 410 Rebecca St., Oakville

Sessions are also available in Mississauga. For more information on these sessions or to register please contact Betty Clara at 905-845-2571, ext. 5900 or email maximizeyourhealth@haltonhealthcare.on.ca

Special thanks to the **North Halton Mental Health Clinic** for providing the space to run this valuable program in our community!

Living Healthy Seminar

Please join us at the following FREE Health Education seminar provided by Halton Healthcare Services. Displays and refreshments start at 6:30 p.m. Seminar starts at 7:00 p.m.

Wednesday, February 16, 2011
Advances in Cardiac Care in our Community
Dr. Michael Heffernan, HHS Cardiologist
Southside Community Church, 7480 Derry Road in Milton

Reserve a seat by email at healthpromotion@haltonhealthcare.on.ca or by phone at 905-878-2383, ext. 4379.