



Do you want to quit smoking? Hospital program can help

Butt Out: a group smoking cessation program for smokers who want to quit will begin a spring session, Tuesdays, 6-7 p.m. May 18 to June 22, at the Georgetown Hospital. This program is specifi-

cally designed for smokers who want to quit. It consists of six weekly sessions that build on skills and information needed to develop a comprehensive individualized quit plan and provide support for smokers

as they go through the quitting process. Activities include understanding why you smoke, getting ready to quit, preparing your plan, initial reactions to quitting, surviving the early

days and moving on. The sessions will be held in the hospital's board room. To register or for more information call 905-873-0111, ext. 8502, the Asthma/COPD/Diabetes Clinic.

Frequent BATHROOM TRIPS? Incontinent?

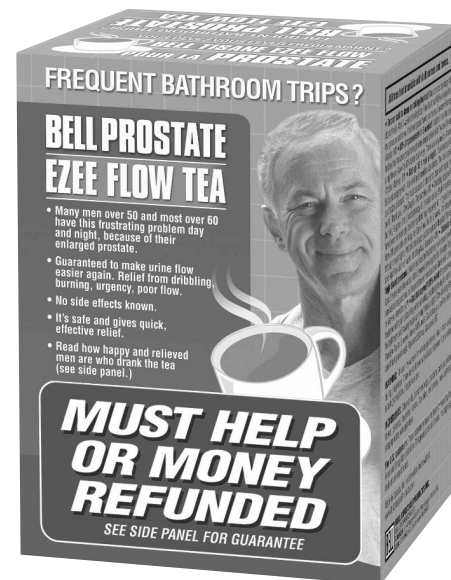
**STOP Bladder Infections and UTIs!
STOP Incontinence in days!
STOP Wearing pads and diapers!**

Bell Bladder Control Tea for Women #4b

30 million women are suffering needlessly in North America. Avoid pain and embarrassments within days after drinking Bell Bladder Control Tea #4b. No side effects. Risk free. If your social life and love life was on hold because of leaking, this tea will help you to start living again and lead a normal life. Go shopping and traveling again with confidence. Guarantee printed on every box. Large box 120g lasts a month or two. Bell has been helping tens of thousands of women for years. Bell is the only company that supplies EVIDENCE. Literally hundreds of true statements on the Bell website from delighted women that can be telephoned for reassurance:

■ **No more wetting accidents.** Within a week I was in complete control. No side effects like with drugs I took. *Deborah Haight, 49, Collingwood, ON* ■ **Incredible results.** It's hard to believe a non-drug item is producing such quick relief. I suffered for 20 years with frequency and embarrassments. I now sleep through the night. *Linda Kleber, 62, Milford, NJ* ■ **First surgery didn't work.** After drinking tea for 12 days, Glory to God, I had relief. Cancelled dreaded second surgery. I'm eternally grateful. *Gail F. Moore, 68, Round Pond, ME* ■ **I had this embarrassing overactive bladder problem** for 30 years. Had countless tests and endless prescribed pills. My numerous urinary infections are gone. I'm glad I didn't have surgery. *Ellen Bower, Kanata, ON* ■ **After trying every medication** in the last 5 years, tea gave complete relief in 6 days. Thank you for this great product, and above all, for truth in advertising. *Marina Rosa, 57, Las Vegas, NV*

Bell Prostate Ezee Flow Tea #4a



■ **Relief in 3-5 days** from dribbling, burning and rushing to the toilet. If you are considering surgery, try this tea first. Must work or money refunded. 99% success rate. Helps virtually everybody quickly. The only prostate remedy that works so well that it comes with a **money-back guarantee**. Literally hundreds of delighted men testifying on our web site: ■ **Doctor said** to keep on drinking the tea. Prescribed prostate drugs did not help. *Leonard Pearcey, Wassis, NB* ■ **I cancelled my prostate surgery.** Get up once a night. I'm so happy not to have to face the torment of a prostate operation and incontinence or impotency. *Albert E. Blain, 74, Schumacher, ON* ■ **Even after TURP prostate surgery** and microwave therapy had to get up many times. Now down to 1-2 times. Tea is 100% better than drugs. *Robert G. Stocker, Eustasis, FL* ■ **After 1st year drinking tea** my PSA went down to 4.5; after 2nd year to 2.9; after 3rd year to 2.3. I highly recommend the tea. A real life saver. *Thomas M. Thurston, Forsyth, GA*

www.BellLifestyle.com



1-800-333-7995 Mon-Fri 9-4 EST

Visit our website or call us for store locations.
Available in towns across the province and in
over 7000 stores across North America.

Great Sex

Happiness for couples is a satisfying sex life.



Eroxil™ helps most men to perform like in their 20's. Evidence of a few hundred testimonials on our web site with full names and towns. All 100% true: ■ **Eroxil is the best** of all the supplements for men I've tried. Boosts my sex drive and I'm able to function anytime. *Angus Gutke, 45, Calgary, AB* ■ **Regained virility in 3 days.** My libido was restored for good sex. I've given it also to friends with the same results. One of them is a diabetic and overweight. *Dr. Louis Rolland, 72, St. Hyacinthe, QC* ■ **Having orgasms off the Richter scale.** It's like I'm a teenager again. The world owes you big time. *Lawrie Roberts, 47, Toronto, ON* ■ **Wonderful to feel like a man again.** It's wonderful to feel close to my wife again. God bless you! *Charles E. Palen, 77, Burnaby, BC*



Erosyn™ is the only product that helps most women to restore libido, desire and the ability to climax. There is no drug or natural product like it. **Evidence from our web site:** ■ **Erosyn saved my marriage.** I'm overjoyed! My libido is back. Words cannot describe how grateful I am. *Carla Daunais, 32, St-Hubert, QC* ■ **Intimacy like 35 years ago** when we were dating. Erosyn is awesome! Climaxes like when I was in my 20's. *Swierina Stratford, 55, Essex, ON* ■ **My sexual desire is greater now** than it was for 30 years. It's wonderful to have such ecstatic joy. I've tried others that didn't work. *Eve Jameson, 58, Kingman, AZ* ■ **I'm 92** and sex is good again. Regained intimacy makes life more interesting. *Florence Fryer, Edmonton, AB*



ARTHRITIS Pain free in 2 weeks!



This is what happened to me personally. After suffering for years I desperately tried everything, drugs, natural products, physiotherapy, acupuncture, magnets and nothing was of any real help. Finally I had relief in 2 weeks by taking shark cartilage **that was specially processed to preserve the natural active ingredients**. This is the kind we are now promoting. I realized then that there are over *50 million* men and women that are battling the same illness and getting treatments that are not working well, otherwise we would not have this ongoing huge health problem. In the last 10 years we have helped tens of thousands of men and women to have less pain or no pain at all. This is a by-product of the food industry. No sharks are caught because of their bones/cartilage. **Nick A. Jerch, President**

We have real **EVIDENCE** that it works. On our web site you find over **100 testimonials** with full names and towns. All 100% true. Skeptics may call them. Here are some examples: ■ **Doctor suggested knee replacement** after all his options failed with drugs and cortisone shots in knee and lower back. I recommend Bell Shark Cartilage to those **millions suffering needlessly** like I did for 40 years with arthritis in my knees. It's a shame that I was given drugs and injections all these years when a natural medicine could have spared me the endless torture day and night. *Pat Laughlin, Coldwater, ON* ■ **My hip is 95% pain free.** Pain killing drugs mask and Bell Shark Cartilage heals. *Rebecca Hite, Oroville, CA* ■ **I tried another brand and pain came back.** 2 weeks on Bell and pain is gone again. *Gert Dupuis, Hanmer, ON* ■ **Cancelled knee replacement.** I was in pain and limping. Have no more pain now. Can square dance for hours. *Anton Melnychuk, Porcupine Plain, SK.*

■ **AVAILABLE IN GEORGETOWN:**

San Francisco Italian Bakery 509 Guelph St.

■ **ACTON:** Willow Lane Natural Foods 75 Mill St. E.

■ **ERIN:** Treehaven Natural Foods 88 Main St.