

Helen's Main Activity Was The Crosswords



Now she has other options to weigh

Staying active can mean many things. Playing cards with friends may be fun, but for circulation, flexibility and overall good health Helen needs more rigorous activities. At Chartwell we offer residents a mix of activities from musical presentations to card tournaments, as well as yoga, and exercise classes for those looking for something a little more active.

To find out more call Greenway at 905-799-7273 or visit www.chartwellreit.ca

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Jukebox jiving

Carol and David Hadskis, members of the Georgetown Choral Society, get into the mood for the choir's Jukebox Jamboree concerts by hamming it up in front of the real Jukebox at Angel's family restaurant at 220 Guelph St., which plays favourite songs from the 1950s. Featuring songs from each decade of the past 100 years, the concerts are on April 16 and 17 at 8 p.m. at the Georgetown Christian Reformed Church, 11611 Trafalgar Road. For details and tickets, visit the website, www.georgetownchoral.ca or purchase tickets at Bergsma's Paint & Wallpaper (in the mall), The Freckled Lion Children's bookstore (downtown), or Pat's Prime Cuts & Deli, South Georgetown Centre.

Photo submitted

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