

# Free swim lessons

Ontario is providing funding to help more than 80,000 seven and eight-year-old children across the province receive free basic water safety and survival skills training.

The province is supporting the expansion of the Lifesaving Society's successful Swim to Survive program. This free program teaches children how to survive an unexpected fall into deep water. It also teaches children how to roll into deep water, tread water for one minute and swim 50 metres.

The expansion of this program will help protect more of our children by giving them the critical skills they need to survive a life-threatening situation.

## QUOTES

"Helping children learn essential water survival

skills ensures that children know how to stay safe while leading healthy and active lives. Learning about water safety is an important life skill for children." - Leona Dombrowsky, Minister of Education

"Most Ontarians who participate in aquatic activities never take swimming lessons or lifesaving training. The Lifesaving Society wants to ensure that children who participate in our Swim to Survive Program will have the essential skills they need to survive an unexpected fall into deep water." - Barbara Byers, Public Education Director, the Lifesaving Society

## QUICK FACTS

- The province is investing \$2 million to support the expansion of the Swim to Survive program.

- The Lifesaving Society estimates about half of Canadian children never take traditional swimming lessons, even though swimming is the second most popular activity (after bicycling) in Canada among school-age children between five and 12 years of age.

- The program is especially valuable for new Canadians, as a Lifesaving Society study shows that new Canadians are four times more likely to be unable to swim than those born in Canada.

- Drowning is the second leading cause of preventable death for children under 10 years of age.

## LEARN MORE

- Find out more about the Swim to Survive Program.

- Learn more about the Ontario's healthy schools initiatives.



## CANCER FUNDRAISER

Acton's Lisa Gareau Booth (right) and her mom, Karen Rafuse staged a garage sale on Saturday to raise money for the Weekend to End Women's Cancers.

- Ted Tyler photo

# Share the roads

Halton is blessed with some beautiful and challenging cycling routes and areas to explore. With the warm weather finally upon us, there will be an increase of cyclists on the road enjoying our great communities and region. Sadly, in 2010 Halton Region experienced six serious injury collisions involving cyclists as well as one fatality.

Halton Regional Police Service has recognized the need for awareness and education in relation to everyone's responsibility to Share the Road. As a result, the Service has partnered the Share the Road Cycling Coalition, founded by Eleanor McMahon. Eleanor lost her husband, OPP Sergeant Greg Stobbart, in 2006 after he was hit by a truck while cycling in Halton. Greg was killed by a five-

time5 x repeat suspended driver who fled the scene. This tragedy has fuelled her efforts in getting legislation passed to increase road safety and working with others towards education and partnerships.

This past weekend, Halton Police patrolled major cycling routes in Halton. This first phase of the initiative will focus on enhancing both motorist and cyclist understanding of the rules of the road and the need to Share the Road. An informative pamphlet on cycling

safety will be distributed and is available at [www.haltonpolice.ca](http://www.haltonpolice.ca)

Phase two will occur this weekend with an educational and enforcement focused effort. As Deputy Chief Percy said, "Our collective goal is to ensure roads are safe for all users, and that a spirit of cooperation exists for joint road use based on the understanding that we all have an obligation to respect not only our own safety but the safety of others - in essence to Share the Road."



**MUSICAL TREAT:** Acton Citizens Band Bandmaster, Dr. George Elliott, led the band through a series of musical pieces - everything from marches to jazz - at the Band's annual spring concert on Sunday at Bethel Church.

- Frances Niblock photo



519-853-5144

[www.flowershed.ca](http://www.flowershed.ca)

[flowershed@hotmail.com](mailto:flowershed@hotmail.com)



12336 Nass-Esq. Townline RR1 Acton ON.



**Window Boxes**  
\$34.99  
or  
2 for \$50

**WELCOME TO GAVIOTA HOTELS INCUBA**

**Cuba**

---

**TORONTO DEPARTURES • 1 WEEK • ALL INCLUSIVE**

**HAVANA - KOHLY - CP**

Located in a residential district, 120 minutes from Jan Gualberto Gomez International Airport, 20 minutes to Old Havana

TORONTO DEPARTURES  
SEP 5, 12, 19 & 26  
HOTEL ROOM - CP • 1 WEEK

**\$195**

+\$280 taxes

---

**HOLGUIN - PLAYA PESQUERO**

This resort is set on a large property with beautiful, lush well-maintained gardens. Playa Pesquero is a resort that caters to all.

TORONTO DEPARTURES  
SEP 5, 12, 19 & 26  
HOTEL ROOM - CP • 1 WEEK

**\$575**

+\$280 taxes

All prices are per person based on double occupancy for 7 nights. Seats at the above prices are limited and subject to change without prior notice. Applicable to new bookings only. Transportation taxes & related fees shown must be pre-paid. Applicable local taxes payable at the destination are extra. (Cuba \$25 CUC). Flights are with Sunwing Airlines. For full terms and conditions, please refer to the Sunwing Vacations 2010/11 brochure.

**TED TYLER TRAVEL SERVICE LIMITED**

**519-853-1553**  
**888-833-8953**  
FAX: 519-853-1559  
379 Queen St., East  
Acton ON L7J 2N2

[ttoo.ca](http://ttoo.ca) #1318988