



VOLUNTEERS HONOURED: Dedicated volunteers with the Acton Branch of the Canadian Cancer Society were thanked for donating their time and talents to the Branch at the campaign kick off last Wednesday at Knox Presbyterian Church. The Ontario Division presented them with gifts celebrating the team work that results in a successful campaign each year in Acton. The volunteers include, from left: Rena Arbic, Hazel McLeod, Nadine Eaton, Cathy Gerrow, Barb Robinson, Shirley Dyc, Pat Kentner and Shelley Cox. – *Frances Niblock photo*

Fighting cancer through research

Acton's April cancer campaign for funds kicked off on a hopeful note last Wednesday when Sarah Bouma, the Canadian Cancer Society's acting-director of Research, Information and Support detailed how the money raised during the campaign will be used to help "outsmart cancer."

"The majority of the money you raise in the community is going to research – to try to make a difference and to try to change the course of this

disease and how we treat it," Bouma said, adding it is all bolstered by the work of volunteers, including research volunteers.

She said the reality of why they continue to rally against cancer is that research – \$18-million donated by the Canadian Cancer Society in Canada last year – is leading to less invasive treatments and better outcomes.

"Research benefits each cancer patient... and the tide is turning and people

are living with, not dying from cancer," Bouma said, adding she is inspired and encouraged by the Acton campaign.

While the Acton Branch staged the kickoff to encourage and thank its many volunteers who will go door-to-door this month asking for donations, tables were turned on them when officials from the Unit office in Guelph presented them with plaques from the Ontario Division celebrating their team work.

Police pursuits result in arrest

A suspect who led Halton police and the OPP on several high-speed chases through Georgetown, Acton and parts of Wellington County was arrested in Wingham on Tuesday night.

Halton police said the incident began at 7 p.m., when a son, driving in Georgetown with his mother and father, got into

an altercation. The father received superficial lacerations to his face and the son jumped into the driver's seat and drove off, hitting several vehicles.

The vehicle crashed in Georgetown and the suspect commandeered another car and fled. The car was seen driving through Acton and a short pursuit was started, but

discontinued in the area of Queen Street and Highway 7 for safety reasons.

Wellington OPP reported sighting the vehicle in Palmerston where another pursuit began and called off. Just before 9 p.m. OPP arrested the suspect in Wingham. The suspect, whose name police did not name, remained in custody at press time

Illegal burn

Acton firefighters extinguished a fire at a residence on Main Street South after they received a burn complaint at 5:32 on Sunday. They determined the occupant did not have a required burn permit.

Burning box

Remnants of a burning cardboard box were found at the side of the road on Main Street North at 9:34 on Saturday night. The fire was out before crews arrived on scene.

No permit

A reported possible house fire turned out to be a small backyard fire on Longfield Road at 10:31 last Wednesday night. The occupant did not have a burn permit and was told to extinguish the fire.



Side swiped

Police are looking for a vehicle – possibly a dark grey Volkswagen with tinted windows – after a car was side swiped while travelling north bound on Highway 25 south of 25 Side Road on Saturday.

The suspect car left metallic paint on the car it side swiped and was last seen running a red light at the Mill Street and Main Street intersection.

Drunk drivers

A 26-year-old Acton man was charged with having over 80-milligrams

of alcohol in 100-millilitres of blood after being pulled over by police during a routine traffic stop on Churchill Road South on Saturday.

A 62-year-old Acton woman was charged with having over 80-milligrams of alcohol in 100-millilitres of blood following a single vehicle accident on Eastern Avenue on Saturday. Her car jumped the curb and hit a road sign.

Purse stolen

A purse with identification and credit cards was stolen from a shopping cart at the Giant Tiger store on Sunday. A woman left her purse in the cart while she unloaded her purchases, and when she returned to the store, it was gone.

8 DAYS - APRIL 9 - 16

HUGE HUGE SALE!



**SPRING BLOWOUT
50% OFF
EVERYTHING**

- Over 2,000 sq. ft. of*
- Antiques • Collectables & Oddities
 - Furniture & Household Items
 - Books, treasures & trash

OPEN every day during sale 11-5
CASH OR CHEQUES ONLY PLEASE.

132 Main St. S. (Hwy 7) Rockwood

Do you, or someone you care about, suffer from depression?

Do you struggle with what to do to best manage your symptoms?

The East Wellington Family Health Team presents a panel presentation on depression:

More Than Just the Blues

We will discuss:

- what depressive symptoms look like
- what's going on in the brain of someone who is depressed
- what the current treatment options are, with both conventional medicine and alternative therapies
- how to offer support to someone who has depression

When: Wednesday, May 4th, 7:00-9:00pm

Where: Centre 2000, 14 Boland Drive, Erin; Community Room, off the main lobby

RSVP: Space is limited so please RSVP by either calling (519) 833-7576 ext. 341 or go to www.ewfht.ca and register under "Workshops"

Panelists include:

Dr. Wendy Davis B.Kin., N.D. - A Naturopathic doctor who will discuss complementary and alternative remedies for depression

Amy Cousineau, is an Anglican Priest. She was the minister at All Saints Anglican Church in Erin until 2007 when she was overcome by depression and anxiety and will be sharing her story.

Fred Cousineau is Amy's husband of 40 years, who will discuss his experience supporting Amy through her depression.

Dr. Alejandra Marin, MD is a Family Physician with the East Wellington Family Health Team; she will give an overview of the current medical interventions for depression

Kim Bell is a Mental Health Worker at the East Wellington Family Health Team with a 23yr history working in mental health, supporting individuals experiencing a variety of mental health issues.



**East Wellington
Family Health Team**

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