

our own initiative and that the role we play should comprise our lives and the ones surrounding us. Our thinking inspires others as we only gain our philosophy of life by ideals and mistakes of other individuals.

Thanks for letting me write.

Angele Bourdeau
Russell County

I thought the theme of the Conference "Guidelines for Today and Tomorrow" was very appropriate and very relevant to our times. It was quite obvious that a great deal of time and thought had gone into the planning of it.

One of the most exciting aspects of this conference has been meeting girls from all over Ontario. When some of us heard how long the delegates from Rainy River and Thunder Bay had to travel we were bewildered. Learning about how some girls live in Sudbury and many other counties has been interesting. Yet it is surprising how we have more in common than our work in 4-H.

Dr. Ethel Chapman gave us a wonderful talk. She was so understanding and interesting. She gave us a great deal of advice and commented on problems we face. One comment she made was "Don't take a freedom today that will deprive you of a freedom tomorrow."

There were three interest groups for the conference. Mine was Origami — the art of paper folding. Even if you didn't do it well it was fun!

Living at the University of Guelph was an experience in itself. It has allowed us to see a little bit of what university life is like. We toured Macdonald Institute and the campus and everyone was very impressed.

A panel talked to us about "Career Explorations". Everyone was interested and we were given the opportunity to ask them questions.

One of the big stars of the conference was Mrs. R. C. Moffat with her collection of bells and miniature carillon. She has helped preserve part of Canada's domestic history in a very unique and enjoyable way.

Canada is a very beautiful country with many people from many backgrounds. If Canadians from coast-to-coast can live together and understand each other our future will be a much better one. This will be one of the greatest tasks ahead of us as Canadians. The way the girls at the conference have banded together and made the effort to get to know each other makes one confident that future Canadians can do it too. And we 4-H girls should use our experiences at the conference to help us do just that.

I know that all the girls are very grateful to the Ministry of Agriculture and Food, Miss Frances Lampman, Miss Margaret Myer,

Mrs. Margaret Woof, and all the other people who have helped to make "Guidelines for Today and Tomorrow" a wonderful memory for tomorrow.

Belinda A. Beaton
York County

I wish that all of the 4-H girls could have attended the conference. We had a ball. I met more girls at this get-together than I had ever dreamed of meeting. The only spare time we had amounted to about three hours, so we were really busy. Forty-five minutes out of each day was set aside for our own interest groups. Some girls decided from the three choices that music was best for them, others, effective speaking, and others, crafts. I chose crafts along with 129 other girls who were as interested in it as I was. At these interest groups sessions we learned and talked about Origami which is the art of paper folding. We made paper elephants, crabs, fish, and birds. When they were completed they were really attractive. I know it sounds stuffy that anyone could fold paper to form an elephant, but it's quite hard, believe me! The weather was magnificent, very, very warm. The day before we left though there was a cooling shower which helped a bit.

Just looking at the wonderful food at the banquet and all through our stay made my mouth water. If you want to get fat, the cafeteria is the place to do it. There is so much to say about the great time we had here I could never write it in one short note. If you ever get the chance and invitation to go to a conference — go. You will have a swell time.

Angela Green
Hastings County

I feel very fortunate in having been chosen to go to this conference to represent all the 4-H Homemaking Club members of the Rainy River District.

The theme for our conference, Guidelines for Today and Tomorrow, was very appropriate and was very well carried throughout the conference but I felt Dr. Chapman's remarks were extra good.

For myself, I found the conference a very great and wonderful experience. I hope I may bring back some of my new-found knowledge to those 4-H Club members which I have had the pleasure of representing. I wish to thank all the people who made it possible for this conference to have been possible.

Hannah Vandenbrand
Rainy River District

Continued page 30