



MARTHA MARTELL, HESTER CUNNINGHAM, EVELYNELLIOT, CONNIE ADAMS, LEILA DUFF

The Mar WI meeting was at 12:30 Thursday Feb 9 at Ruth Tuck's. The hall has been winterized thanks to Tim Shears and they also allowed me to follow them around so I could learn, if we needed to open and close the hall ourselves. It was perfect timing before the electricity quit. Twelve members shared the afternoon even though

Ruth did not have power yet. We shared experiences about the big storm. Some had heat and some did not while they watched the inside room temperature drop to six degrees! Some could cook while others went out for dinner. Water was a problem, some took advantage of Berford's artesian well and others had a generator to run their pump. Fridge food ended out on porches or in vans. Others had their homes prepared for lack of hydro. We also were glad that while it was cold it could have been a lot worse.

Our guest speaker was Cathy Weir and she talked about health as to being able to keep living in our homes should we become disabled or get old. Health advice we shared was to take multivitamins, drink lots of water, as well as green tea, ginger, garlic, flax seed oil, yogurt, and bee pollen. Exercise if you can.

The poor telephone service, (911), especially for Red Bay was discussed with a letter signed to complain about the old equipment run with generators, and slow internet connection. We discussed a possible yard sale at the hall in

JUNE

DIST. DIRECTORS

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There was a good attendance at the Bruce County W.I. District Directors meeting on Thurs. March 1st at Elmwood. Shirley Couch, Marg Taylor, Shirley Leeder, Bernice Pew, Martha Martell, Leila Duff, Colleen Knowles and I were there. There was a long discussion regarding the scholarship we offer, and the details will be presented at our District Annual meeting on May 25th.