



CAVENDISH LANE: Primary Host and Caregiver

CAVENDISH LANE is owned and operated by Henrietta Holek. Henrietta is a registered nurse with 25 years of health care experience which includes a large portfolio of knowledge. Henrietta holds a Masters degree in Applied Behavioural Sciences.

Fluent in English and French, Henrietta is best known for her love of people, her understanding of the needs of her charges and her ability to quickly resolve uncomfortable situations and reintroduce a calming atmosphere.

To meet with Henrietta and visit CAVENDISH LANE, please call her at 905-349-3747.



A caring home for those with Alzheimer disease.



Bring Your Loved One Home To

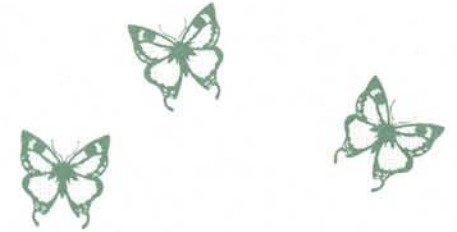


A caring home for those with Alzheimer disease.

Henrietta Holek
R.R. #2, 652 Centreton Road
Baltimore, Ontario
K0K 1C0
Phone: 905-349-3747
Fax: 905-349-1108



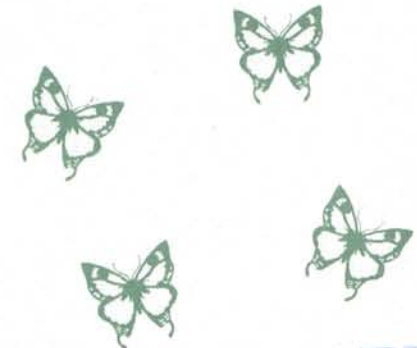
A Baltimore (05-01)



Come Home to



A caring home for those with Alzheimer disease.



COBOURG PUBLIC LIBRARY



AUG 20 1999

Come Home to CAVENDISH LANE



CAVENDISH LANE offers a warm, comforting, physically and emotionally safe environment for victims of Alzheimer's disease or related memory disorders. We offer professional care in a familiar home environment.

Our goal is to promote self-esteem and confidence by adapting to our guests' specific needs. This is accomplished by meeting with caregivers, gathering detailed information followed by a subsequent individual meeting with our future guests.

The safety, comfort and emotional security of our guests are our main concerns.

The CAVENDISH LANE Home

Located on Centreton Road in Baltimore, CAVENDISH LANE is an open, bright and welcoming home surrounded by 8.5 acres of grass, flowers, a vegetable garden, trees and a fenced yard.



Inside, the home is spacious, warm and boasts 34 windows which creates an atmosphere of freedom and offers changing outdoor scenery - a peaceful environment in any season.

CAVENDISH LANE Guests



Guests are free to use the home, its rooms and the fenced yard as their own. A staff member will gladly accompany a guest on a stroll or assist a guest in gardening or any other activity. Guests are also encouraged to bring familiar objects to comfort them during the day.

Guests' daily activities are recorded in individual diaries for the caregiver to consult.

Meals are at once nutritious and familiar to the guests depending on their dietary needs.

Hours of stay vary from 4 to 8 to 12 hours, depending on the caregiver's needs. Respite care is also available.

CAVENDISH LANE

Provides:

- ◆ Adult day care
- ◆ Respite care
- ◆ Family and caregiver education, training and support
- ◆ Teaching of problem-solving techniques
- ◆ Referral to community resources, as required

Alzheimer's disease and memory disorders are devastating to the victim, family members, caregivers, friends and community.

As a caregiver who loves a victim of such an illness, you need:

- ◇ Freedom from responsibility
- ◇ Time for appointments and shopping
- ◇ Time for visiting and other social activities
- ◇ Peace of mind for your working family
- ◇ Time for self care

A victim needs:

- ◇ Attention and time to build on strengths
- ◇ Safety, security and stimulation
- ◇ A caring, home-like environment
- ◇ Social interaction and support of others in the same situation
- ◇ Activities that promote self-esteem and confidence