L.A.W. Helen Jean Armitage enlisted in the Womens' Division of the Royal Canadian Air Force in Toronto on March 5, 1943. On March 19 she was posted to No. 7 Manning Depot, Rockcliffe for basic training. On April 15, 1943 she was posted to No. 2 Composite Training School, Toronto for trade training, and on May27, 1943, to No. 9 Service Flying Training School, Centralia, Ontario.

Miss Helen Armitage of Cavan, has joined the R.C.A.F. (Women's Division) and has completed her month's basic training at Rockcliffe Ottawa, and is now stationed at Toronto. Opp. 28 43

AW. Helyn Armitage of Cavan who is stationed at Centralia has been spending her furlough with her parents Mr and Mrs William Armiage. Sec. 21/43